Youth Ministry (YM) Track

This track, designed in cooperation with Life Teen, offers an efficient and in-depth two-part series of workshops to provide formation for youth ministers. It includes presentations that are practical, academic, theological, and spiritual, all while stressing that the most important factor in successfully evangelizing and discipling adolescents is the human one: the authentic witness and genuine love of those willing to invest in the spiritual growth of younger souls. This track also helps youth ministers support families, who primarily bear the formative responsibility for children.

Forming those who form others.
Youth Ministry (YM) Track

**Year One Certification**
*(9 hrs + 3 electives)*

**FOUNDATIONS**
1. A Vision for Effective Youth Ministry
2. Personal Spirituality & the Call to Holiness
3. Forming Disciples for the New Evangelization

**CULTURE & CONTEXT OF YOUTH MINISTRY**
4. Engaging Youth Culture
5. Partnering With Families
6. Intercultural Ministry With Youth

**CATECHETICAL FORMATION OF ADOLESCENTS**
7. Incarnational Ministry: Relational Ministry With Teenagers
8. Effective Catechesis in Youth Ministry
9. Methods & Practical Skills for Youth Ministry

**ELECTIVES: SPECIAL TOPICS**
1. Teen Faith & Moral Development
2. Managing the Classroom Like St. John Bosco
3. Lesson Planning for Conversion
4. Shifting to Family-Centered Parishes
5. Preventive System of St. John Bosco
6. Confirmation Preparation: Issues, Catechesis, & Liturgy
7. Catechesis for Persons With Physical or Developmental Disabilities
8. The Catechumenate: Paradigm for all Catechesis
9. Catechetical Mentorship
10. Being Guided & Guiding Souls
11. Mentoring From Saints for Youth
12. The Most Important Life: Gospel Patterns of Jesus’ Life
14. Vocational Spirituality
15. Arturement & Openness to Others
16. Empathic Listening
17. Asking Good Questions
18. Depression & Suicide
19. Addiction & Alcoholism
20. Crisis & Conflict
21. Suffering & Death

**Year Two Certification**
*(10 hrs + 2 electives)*

**FOUNDATIONS**
1. Holy Spirit, Converter of Hearts
2. Theology for Youth Ministry
3. General Introduction to Adolescent Development

**CULTURE & CONTEXT OF YOUTH MINISTRY**
4. Mobilizing Teens for Service, Leadership, & Vocation
5. “A Step Beyond”: Ministry Beyond the Parish
6. Counseling & Pastoral Care With Teens
7. The Church, the Body of Christ: Working With the Diocese, the Pastor, the Parish, & Volunteers

**CATECHETICAL FORMATION OF ADOLESCENTS**
8. The Liturgical Nature & Sacramental Life of the Church
10. Theology of the Body

**ELECTIVES: DOCTRINE**
1. The Trinity
2. The Father: Origin & Desire of All Souls
3. Christ: His Person & Works
4. The Holy Spirit in Catechesis
5. The Sacramental Economy
6. The Blessed Virgin Mary
7. The Church: Dispenser of the Mysteries & Guardian of the Deposit of Faith
8. Ten Commandments & Beatitudes
9. The Four Last Things
10. Sin & Virtue
11. Catholic Social Teaching
12. Apostolicity & Authority in the Church
13. Scripture & Tradition
14. Freedom, Grace, & Related Moral Issues
15. Catechesis on Creation

**ELECTIVES: MINISTERIAL SPIRITUALITY**
1. Spiritual Friendship & Companionship
2. Spiritual Accountability
3. Self-Awareness & Self-Knowledge
4. Spiritual Guidance & Direction
5. Key Virtues: Hospitality & Kindness
6. Key Virtues: Non-Judgmentalism & Mercy
7. Key Virtues: Gentleness & Patience
8. Personal Development: Greatest Hopes & Fears
9. Personal Development: Spiritual Discility & Openness
10. Personal Development: Your Spoken Testimony
11. Personal Development: Your Written Testimony

**ELECTIVES: FAMILY LIFE FOCUS**
1. Theology of the Family
2. Domestic Church & School of Holiness
3. Godly Discipline
4. Parental Fortitude & Sunday Spirituality
5. Evangelical Effectiveness of Parenting
6. Mentoring Other Families
7. Parent Saints
8. Child Saints
9. Barriers to Evangelization Occurring for Parents & by Parents
10. A Family Vocation to Homeschooling
11. Some Means for Parishes to Foster Evangelizing Families
12. Training Parents to Form Their Children in a Catholic Vision of Sexuality
13. Questions for Parishes in Discerning Evangelization Efforts for Families
14. The Sacramentality Principle
15. Spiritual Honesty & Spiritual Joy
16. The Best of Effective Contemporary Teaching Strategies
17. Renewing Faith in Our Families
18. Pilgrimage & Prayer in Family Life
19. Faith in Hispanic Families I
20. Faith in Hispanic Families II
21. Faith in African-American Families
22. Fostering Vocations I
23. Fostering Vocations II
24. Fostering Vocations at Home I
25. Fostering Vocations at Home II
26. Wife & Mother
27. Husband & Father
28. Pastoral Issues in Family Ministry
29. Creative Family Ministry Approaches

Individuals taking this two-level certification are required to take a total of five electives from the lists below but would be allowed to take as many as they wish at no additional cost. All the workshops listed on this page will be available to take as enrichment by individuals in any other course or track.