

ONLINE

Pastoral Accompaniment (PA) Track

The primary audience of this three-part series of workshops is those working in any ministry setting—clergy or laity—whose interactions with others require mentoring skills, evangelical hospitality, ongoing pastoral interactions in the course of catechetical work, small group facilitation, parenting, nurturing, and intercessory prayer outreach. Anyone who has some degree of work in the care of souls can benefit significantly from these workshops.

This track is divided into three areas of emphasis in pastoral accompaniment: 1) Mentoring; 2) Spiritual Guidance; and 3) Counseling. Workshops in each of these areas are not designed for professional counselors, spiritual directors, or similar niche roles, but instead for those in more general catechetical or ministerial roles. This track's diverse content is also applicable to every parent, every priest, and every parishioner who understands the demanding call upon all baptized believers to love generously and serve sacrificially.

*F*orming those who form others.



Pastoral Accompaniment (PA) Track

Mentoring Focus

FOUNDATIONS

1. The Chief Characteristics of Mentorship
2. Adult Faith & Moral Development
3. Key Virtues: Hospitality & Kindness, Non-Judgmentalism & Mercy, Gentleness & Patience

MENTORING SPECIFIC GROUPS

4. Mentoring Within a Family
5. Mentoring Within a Parish
6. Mentoring Among Priests
7. Mentoring Among School Teachers
8. Mentoring Among Catechetical Leaders

LOOKING TO THE SAINTS

9. Mentoring From Saints for Men
10. Mentoring From Saints for Women
11. Mentoring From Saints for Youth

LOOKING FORWARD

12. What is the Way Forward for a Diocese, Parish, School, or Family to Develop Mentoring Skills?

Spirituality Focus

FOUNDATIONS

1. Being Guided & Guiding Souls
2. The Most Important Life: Gospel Patterns of Jesus' Life
3. The Gospel of the Holy Spirit: Evangelization Priorities in the Book of Acts

RELATIONAL DEVELOPMENT

4. Vocational Spirituality
5. Spiritual Friendship & Companionship
6. Spiritual Accountability
7. Self-Awareness & Self-Knowledge

MINISTRIAL DEVELOPMENT

8. Intercession Ministry
9. Spiritual Guidance & Direction
10. Deliverance Ministry

MASTERWORKS

11. Spiritual Masterworks I

LOOKING FORWARD

12. What is the Way Forward for a Diocese, Parish, School, or Family to Develop Spiritual Accompaniment?

Counseling Focus

FOUNDATIONS

1. Basic Counseling Techniques
2. Attunement & Openness to Others
3. Empathic Listening
4. Asking Good Questions
5. Counseling Towards Vocation

COUNSELING SPECIFIC GROUPS

6. Helping Children
7. Helping Adolescents
8. Helping Adults

SCENARIOS

9. Counseling Scenarios I
10. Crisis & Conflict
11. Suffering & Death

LOOKING FORWARD

12. What is the Way Forward for a Diocese, Parish, School, or Family to Develop Counseling Approaches?

Individuals taking this track may take these workshops in any order, as desired, although we recommend that the first workshop in each of the three focus areas above be taken prior to others. This track is intended as a skills-building supplement to any ministry area. All the workshops listed on this page will be available to take as enrichment by individuals in any other course or track.

ELECTIVES: MENTORING FOCUS

1. St. John Bosco & St. Philip Neri as Mentors
2. St. Francis de Sales & St. Catherine of Siena as Mentors
3. St. Teresa of Ávila & St. Thérèse of Lisieux as Mentors
4. Parental Fortitude & Sunday Spirituality
5. Evangelical Effectiveness of Parenting
6. Mentoring Other Families
7. Parent Saints
8. Child Saints
9. Godly Discipline
10. Homiletics Mentorship I
11. Homiletics Mentorship II
12. Liturgical Mentorship I
13. Liturgical Mentorship II

ELECTIVES: SPIRITUALITY FOCUS

1. Adult Faith & Moral Development
2. Using Perceivers (M-Core, Myers Briggs, temperaments, spiritual inventories, charisms, etc.)
3. Spiritual Masterworks II
4. Spiritual Masterworks III
5. Spiritual Masterworks IV
6. Personal Development: Greatest Hopes & Fears
7. Personal Development: Spiritual Docility & Openness
8. Conversion: How Faith Grows or Withers
9. Conversion: Culture Barriers & Cultural Helps
10. Conversion: The Role of Suffering & Crisis
11. Spiritual Dimensions of Health Care
12. Formation Work With Women
13. Formation Work With Teenage Girls
14. Formation Work With Men
15. Formation Work With Teenage Boys

ELECTIVES: COUNSELING FOCUS

1. Helping Engaged Couples
2. Helping New Parents
3. Helping Married Couples
4. Counseling Scenarios II
5. Counseling Scenarios III
6. Counseling Scenarios IV
7. Depression & Suicide
8. Addiction & Alcoholism
9. Small Group Facilitation
10. The Discernment Process for Participants' Readiness for the Rites
11. Marriage Preparation Ministry
12. Discipling Adults
13. Pastoral Components of the Christian Initiation Process: From Initial Motivation to Firm Conviction to a Catholic Worldview
14. Pastoral Issues in Adult Ministry
15. Pastoral Issues in Children's Ministry
16. Pastoral Issues in Family Ministry