

CI just launched a new track – for ministry to Young Adults!

What is its design?

Trusting God as a Young Adult

- KNOWING GOD
- KNOWING GOD'S WAYS

Discovering God's Call as a Young Adult

- KNOWING MYSELF
- SEEKING MY VOCATION

Campus Ministry Certificate

- FOUNDATIONS
- CULTURE & CONTEXT
- FORMATION OF YOUNG ADULTS

SPECIAL FOCUS: YOUR FAITH

SPECIAL FOCUS: FAMILY

SPECIAL FOCUS: SERVING & LEADING

What are some places you'd suggest going for further help with Young Adult ministry?

- [Starting and Running a Youth or Young Adult Group](#)
- [Christus Vivit](#)
- [USCCB's Page for Ministry to Young Adults](#)
- [FOCUS Resources](#)

What other helpful resources does Franciscan have to offer to help our parish or school succeed in our mission?

- Our resources section on the site: www.FranciscanAtHome.com/resources.
- Our annual [St. John Bosco Conference](#) and all Franciscan University's [other](#) summer conferences.
- Our ministry formation magazine – [The Catechetical Review](#).
- Our [events](#) regularly held for dioceses, local and on-line, and our tutorials and webinars.
- Our University's online and on-ground [degrees](#) and [School of Spiritual Direction](#).
- Our intentional priority on formation for pastoral accompaniment, with workshops that help build you in that specific skill set, and the option to join the [Franciscan International Guild of Catechists and Leaders](#).

ONLINE

Young Adults (YA) Track

The vision of St. John Paul II in inaugurating World Youth Day, developed into a decades-long challenge to the Church to call each generation of youth and young adults to the heights of *sainthood*. This apostolate to the future is at the heart of renewal. This track offers a three-part set of workshops targeted to the unique world of the young adult, ages 18-35. Any effort to evangelize and make disciples of young adults must start with a carefully-formed Catholic worldview and a genuine missionary mindset. Workshops explore the essential elements for developing and growing in faith as a young adult, and effective guidance for those in ministry to this age group. Particular attention is given to sustained *long-term growth* in the spiritual life, not just short-term gains.

*F*orming those who form others.





Young Adults (YA) Track

Trusting God as a Young Adult (12 hrs)

KNOWING GOD

1. The Trinity
2. The Father, Origin & Desire of All
3. Following Jesus: The Challenge of Discipleship
4. The Holy Spirit, Converter of Hearts
5. Introduction to the Old Testament
6. Introduction to the New Testament

KNOWING GOD'S WAYS

7. The Sacramental Economy
8. Scripture: The Big Picture
9. Pedagogy of Revelation & the Response of Faith
10. Praying with Scripture: *Lectio Divina*
11. The Deposit of Faith: An Introduction to the Catechism
12. An Introduction to Objective Truth

Discovering God's Call as a Young Adult (12 hrs)

KNOWING MYSELF

1. The Human Person in God's Loving Plan
2. A Foundational Vision: The Role of the Laity
3. Personal Spirituality & the Call to Holiness
4. A Foundational Vision: Theology of the Body
5. Overcoming Obstacles in Discernment
6. Crisis & Conflict

SEEKING MY VOCATION

7. The Universal Call to Holiness
8. Vocational Spirituality
9. Vocational Discernment for Young Adults
10. A Foundational Vision: The Community of the Family
11. Theology of Religious Life
12. Spiritual Combat

Campus Ministry Certificate (12 hrs)

FOUNDATIONS

1. Developing a Missionary Mindset
2. Being Guided & Guiding Souls
3. Prayer: The Foundation of Mission
4. Conversion in Modern Culture
5. Self-Care for Campus Ministry

CULTURE & CONTEXT

6. Catechetical Mentorship
7. Reaching Every Person: Introduction to LSO (Large Groups, Small Groups, One-on-One)
8. Developing an Effective Retreat Culture
9. Ministry on a Catholic Campus vs. a Secular Campus

FORMATION OF YOUNG ADULTS

10. The Kerygma: Key Doctrines
11. Discipling Adults
12. Spiritual Accountability

Individuals taking this track may take these workshops in any order, as desired, although we recommend that they be taken in order. These core and elective workshops would all be available to take as enrichment by individuals in any other course or track.



SPECIAL FOCUS: YOUR FAITH

1. Christ: His Person & Works
2. Catechesis on Creation
3. The Four Last Things
4. Ten Commandments & Beatitudes
5. The Church: Dispenser of the Mysteries and Guardian of the Deposit of Faith
6. Freedom & Conscience
7. Our Life in Christ: The Basics of Catholic Morality
8. Catholic Social Teaching
9. Understanding the Liturgy
10. The Principle of Sacramentality
11. The Sacrament of Baptism
12. The Sacrament of Confirmation
13. The Sacrament of Eucharist
14. The Sacrament of Reconciliation
15. Redemptive Suffering & Anointing of the Sick
16. The Sacrament of Matrimony
17. The Sacrament of Holy Orders

SPECIAL FOCUS: FAMILY

1. Theology of the Family
2. Family: Domestic Church & School of Holiness
3. Fostering Holiness in Children
4. Mentoring Within a Family
5. Mentoring Other Families
6. Parent Saints
7. Guide to Loving Parenting
8. Living the Faith as a Wife and Mother

SPECIAL FOCUS: SERVING & LEADING

1. Jesus: The Christocentricity of Catechesis
2. The Kerygma: Delivering the Gospel Proclamation
3. Being Guided & Guiding Souls
4. Giving Counsel and Pastoral Care
5. Analyzing Doctrine with Doctrinal Keys
6. A Guide to Echoing the Mystery: Unlocking the Deposit of Faith in Catechesis
7. Adult Catechetical Methodologies & Learning Styles
8. Teaching Catechesis for Conversion
9. A Step Beyond: Engaging Young People Through Events
10. The Family as the Context of Catechesis
11. Essential Link Between Liturgy & Catechesis
12. Mentoring in Ministry
13. Personal Vocation & the Mentoring Relationship
14. Building the Mentoring Relationship: Asking Good Questions
15. Building the Mentoring Relationship: Empathic Listening
16. Catechesis for Persons with Disabilities
17. Pastorally Supporting Marriages: Helping Engaged Couples
18. Pastorally Supporting Marriages: Helping New Parents
19. Pastorally Supporting Marriages: Helping Marriages with Programming & When in Crisis
20. Forming Souls through Small Groups
21. Principles of Effective Conversations

SPECIAL FOCUS: PROFESSIONAL GROWTH

1. Introduction to Organizational Health: A Critical Component of Success
2. How to Avoid Bad Meetings: A Strategy for Healthy Leadership Teams
3. Effective Communications, Internal & External
4. Balancing Life & Ministry as a Professional: Finding & Implementing a System that Works For You
5. Generational Traits of Leaders that Impact Relationships & Ministerial Understanding
6. Using Perceivers (M-Core, Myers Briggs, temperaments, spiritual inventories, charisms, etc.): Self-Awareness & Self-Knowledge